



## “Sacred Heart of Jesus: Abundance of Love and Mercy”

### Preamble

Brothers and sisters in Christ, the theme of the teaching today is “Sacred Heart of Jesus: Abundance of Love and Mercy.” When the LORD inspired me to do this teaching it was in October... I was a bit sceptical at the beginning, as I feel this theme requires so immense work and wisdom to conceptualise it. However, I believe that this is not my work, but God’s – and I believe through His grace suffices to do what His will is. Yes, God requires my trust and faith in Him to completely surrender it to Him – so I did. Hence, what I am going to address to you today later, is the LORD’s and not mine... the LORD guides me to accomplish it... the work of which inspired by God. AMEN!

### The Sacred Heart of Jesus?

First of all, I wish to tell you that I am in awe when I first saw this ‘image,’ as I continued gazing upon it, it melts my heart and I feel God’s great love for humanity. Moreover, it shows something that I can describe in detailed later, in terms of its meaning... But before to do so, I would like you first now to draw your attention closely to this awesome image, and then... answer my two questions: what can you see? What could you describe it?

*(The image: “The Sacred Heart of Jesus, crowned with thorns and above it, there is a cross engulfed in flame of fire. Drops of Christ’s blood falling constantly! Finally there is a glorious luminosity of light surrounds the Heart!” My vision of the Heart © F. Moris)*

My next question is: Who is Jesus Christ? He is the Son of the Living God! He is our Saviour – our Messiah! Do you believe in it? (Response...) Since Jesus Christ is God’s Son, He is in God and God is in Him, together with the Holy Spirit – there are three persons in ONE God – the Holy Trinity. God alone is holy; therefore, the word “Sacred” echoes Holy, Holiness... Pure, Grace, LOVE, MERCY, the list can go on... So the Sacred Heart of Jesus indeed reflects the image of God’s heart, Holy, Pure, etc... but the greatest reference to it is that, as God the Father, Jesus Christ’s heart is full of LOVE and MERCY – such Heart gushes out abundance of LOVE and MERCY to me, to you and to all humanity. The Heart is non-stop loving and forgiving us, poor sinners! And God is non-stop, calling and welcoming us to know Him more and more each day and to love Him. My question is, are you ready to spend some time to welcome Him in your heart every day, in a personal contemplative prayer? If

not, how can you see God, and how can you really know who he is personally? How can then you understand what I am trying to say, that the Heart of God is too great to welcome you, and to love you unconditionally, and is merciful? Brothers and sisters, do you know that the Holy (Sacred) Heart of God (Jesus) beats in us, every day – keep calling each one of us to welcome Him into our heart. Why? Because God cares for us, He wants that we are saved and to have new lives with Him, forever... To save us, the Holy Trinity continues to work in each one of us, among us, and among all His people despite our daily calamitous. The LORD said to us constantly in (our soul), ‘I never forget you, as you are my creation – I love you. Do not be afraid, but come to me and be saved in My Heart!’ The questions are: are you aware of His call and, do you trust and have faith in Him? Do you want to come to Him? Do you want to be saved through Him? If you don’t, then you make your “own” way, without God’s help, without His grace...God let you free, and see how far you can go on your own way. And, if you do, then get ready to get rid of your “selves,” and follow walking with Him... come closer and closer to His Heart till you enter to His Heart, where you could find His abundance grace! Believe me! You will be blessed by Him and be fruitful in all things and in all condition. We need to come to God with great humility – to have such humility, we need to pray hard with a sincere heart before God – therefore, spend the time with God in silence – in a silent prayer as often as you can, or every day... Do you agree? Since we are mere human, we have nothing! But, yet remember that we are children of God – God loves us! Today at the Holy Mass, the Scripture in the 2<sup>nd</sup> Reading says, “We are the chosen race of God, the saints.” If do not agree, so what would you think we are? (Responses...) All sources we have had are His...Do you give thanks to Him? See... God never forgets you! His heart beats for you and in you...every moment of your lives...are you aware of His presence?

The next thing I would like to tell you is that the Sacred Heart of Jesus (God) is where all these FIVE fundamental sources are from, those of: Hope, Light, Strength, Love and Mercy, and the Source of ALL graces. Now, let me tell you what are these FIVE fundamental sources meant to us, and to all humanity. The Sacred Heart of Jesus (God) is

#### 1. the Source of Hope for those who are hopeless!

When we are hopeless due to many earthly problematic situations, Jesus is very close to us...because He does not want to see us cry or weep! He does not want to see us depressed without any hope! When you are faced with such situations, do not look at you nor to your burdens (or difficulties), but I invite you to turn to the Sacred Heart of Jesus, which is the only Source of Hope! Give all your burdens to Jesus, and He will give you the HOPE, and also PEACE, of course! Jesus is our Good Shepherd who shows us to the Land of the Living, when we have no way to go – hopeless. Trust in the Lord in your prayer, your faith will break into all your troubles and He will give you the right way to walk through...!

#### 2. the Source of Light for those who walk in the darkness!

Many people still do not walk in the Light of Christ – therefore many are ignorant or blind as they tend to walk in the darkness! Why? (Response...) We can find the Light of God if we do surrender our ‘selves’ completely to God. God is greater than the darkness; His resurrection is a victory over all darkness! So do not be afraid – if you believe in Jesus that He is your Saviour, then there is nothing to be afraid of the darkness. God protects those who surrender to Him, and trust Him that He to protect you from the darkness. The Sacred Heart of Jesus emits great Light... The Light of God is brighter and more brilliant than the sun, stars, comets,

or any others... creations in the world! God is our Creator, who was and who is to come in Glory, now and forever! Amen!

### 3. the Source of Strength for those who are weak!

How many of you say that you are without sins? (Responses...) How many of you say that you are sinners? (Responses...) Brothers and sisters: Admit that all of us are weak, as we are mere human – we are all sinners! Except Mary, mother of Christ, who is immaculate since she was conceived – she is preserved by God. No-one is perfect but God! God alone is Holy. We all are weak; we tend to fail to do what is good and just; we often make errors or mistakes! However, do not be sad! I invite you to try to make an effort to do what is good and just – it is challenging, isn't it? (Yes, it is). But, again, do not be afraid. I invite you to turn to God so that He gives you the strength to do what is good and just! Turn to the Sacred Heart of Jesus, because He is the Source of your strength to continue to do a challenging work. Remember, every day, we live here on earth is... to work for God's glory, and for His people... He is watching us what we do...there is nothing that we can hide from Him – He knows our thoughts and our hearts before we have the intention to execute any work. Hence, it is important that you pray to the Sacred heart of Jesus, from which you can have strength – in physique, in spirituality, and in mind to do what is good and just, wise and tactfulness to accomplish the work what God's will is. For me, whenever I feel that I am weak, I trust in the Sacred Heart of Jesus to give me strength, and I keep saying this verse from the Bible which is always on my mind and soul, *"I can do all things through Christ who strengthens me."* (Philippians 4:13) So I invite you to do the same. Amen!

### 4. the Source of great Love and Mercy for those who ask for pardon and healing!



Based on sister Faustina's testimony from her book of the *Divine Mercy*, I understood that she asked an artist to draw an image of Jesus Christ, according to what she saw: one of Jesus' hand – on the left – touching His left breast whereby two rays of lights gush out from it. The lights are white and red. The lights represent water and blood gush out from the Sacred Heart of Jesus. Similarly, after Jesus was crucified on the cross, a Roman soldier pierced Jesus' Heart with a lance, and later water and blood comes out from Jesus' Heart. What do these two coincidences mean to us? It means that God has poured out His abundance Mercy to us and to all humanity, the water and blood from the Sacred Heart of Jesus is for our lives to live! The Water that cleanses us from our transgressions, and the Blood is the food to live! The Sacred Heart is the true Source of abundance Mercy...non-stop flowing into... the heart of every human...God's mercy gushes out like water and blood of Christ, without cease and without condition... for every one! Since God is merciful, He is a loving Father God who cares for the health of the souls of His children, here on earth. His Sacred Heart is the Source of Love – He never stops loving us, as He himself came down on earth to be among us in a

form of a flesh so that we will see His love through His Son, Jesus Christ who is our Saviour --- meaning “to save us!” My question is: Do you love God? How much? What do you do to show that you love Him?

#### 5. the Source of All what we need in our everyday lives!

When we pray with a sincere heart, we tend to pray by calling God by name, “Abba, Father!” or “My Holy Father!” When we pray like that? We tend to call God in our prayer when we in trouble very often, “Lord help me! Come in haste to my assistance – I need you. Have mercy on me!” Do you think that the Lord will listen to your call? (Responses...) Yes, the Lord always listen to your call in your prayer, and He answers you according to what He thinks is good for you... If He answers, God has a plan for you to continue your situation. But if it is not answered, He knows then what is best for you, and He blesses you to continue the journey of life on the right path, despite at times, we don’t understand... If we do not understand, we must pray hard to discern what His will is. The Sacred Heart of God (Jesus) is the Source of All we need, such as the grace to do good and just, being thoughtfulness, loving for others, being strong in face of difficulties, and so on. So Jesus is our Source of Life (of all), in our everyday lives!



At the Eucharist celebration, we receive the host at the Holy Communion, which is the body of Christ, and at times, we too, receive Christ’s blood when we dip the host into the chalice filled with wine, which is the blood of Christ. Do you believe that, in fact, what you receive at the Holy Communion is indeed the flesh-body and blood of Christ? Do you know that the flesh is the Heart of Christ, and that you too receive His blood? (Responses...) When you receive the host-flesh, the Heart has got Christ’s blood in it – so you receive both! I believe that God presents in this little host – my faith makes me see it! Jesus Christ is God, God is the Living God! Now, let me tell you about these two Eucharistic miracles: one, which was happened long time ago, that is, over twelve century now (i.e. in 1200 years); it happened in Lanciano (Italy), when a monk pronounced the words of Consecration as Jesus had taught it to His Apostles in Matthew 26:26-28, “...*Take and eat it...this is My Body...This is My Blood, which seals God’s covenant, My blood poured out for many for the forgiveness of sins.*” The monk simply said, “This is My Body....this is My Blood,” and later the monk saw the host change into a living piece of Flesh, and the wine change into real blood, which thereupon coagulated and split into five globules, irregular and differing in shape and size.

(For more info: see <http://www.michaeljournal.org/eucharist3.htm>, *The Eucharistic Miracle of Lanciano, Italy*)

The other was happened in the twentieth century, on 18<sup>th</sup> August 1996. It happened in Buenos Aires (Argentina), when a priest, Fr. Alejandro Pezet, was saying Holy Mass at a Catholic church in the commercial centre of Buenos Aires. As he was finishing distributing Holy Communion, a woman came up to tell him that she had found a discarded host on a candleholder at the back of the church. On going to the spot indicated, Fr. Alejandro saw the defiled Host. Since he was unable to consume it, he placed it in a container of water and put it away in the tabernacle of the chapel of the Blessed Sacrament. On Monday, August 26, upon opening the tabernacle, he saw to his amazement that the Host had turned into a bloody substance.

(For more info:

[http://www.loamagazine.org/nr/the\\_main\\_topic/eucharistic\\_miracle\\_in\\_buenos.html](http://www.loamagazine.org/nr/the_main_topic/eucharistic_miracle_in_buenos.html),

*Eucharistic Miracle in Buenos Aires, 2010*)

As you can see from what I described early on about the Eucharistic miracles, both incidence entail similar miracles, that is, the host transformed into flesh and blood of Christ. The flesh and blood are seen as a physical heart of Christ that bleeds! It is a living heart! Even scientists cannot explain how such incidence took place: the host becomes a living heart whenever a priest pronounced the words of Consecration (“This is My Body... This is My Blood”) at the Eucharistic celebration! The host-flesh is alive! Why did it happen? Because Jesus Christ is alive! He had resurrected and now He is placed at the right-hand of God the Father, despite Jesus-God is with us – His Kingdom is in OUR HEART! Remember too, that Jesus Christ and God is ONE, together with the Holy Spirit, who is our Comforter. In John 6:32-33. 35., Jesus says, *“I am telling you the truth... the bread that God gives is he who comes down from heaven and gives life to the world.... I am the Bread of Life, he who comes to Me will never be hungry; he who believes in Me will never be thirsty.”* Jesus is the bread of Life...this Bread of Life is the host or the round white substance that we receive at the Eucharistic celebration every day. This bread is Jesus that we receive, as food for our souls! Our body need food to live, so does our soul need this Bread of Life! Don’t you think so??? (Responses...)So, whenever you receive the host, remember that it is God that you receive --- do stay awake! And be aware of His presence in you....God’s Heart is big enough to welcome you to His Kingdom. What about you – do you open your heart big enough to welcome Him? Or perhaps, you do open your heart, but 50-50 only??? If this so, then you have to sort it out, as to why you are in doubt – pray to God to have a gift of great faith – to help you see Him! Amen!?



Finally, once again, I invite you to turn to God and pray to the Sacred Heart of Jesus to obtain abundance graces that you need, particularly, the grace of LOVE and MERCY. For the Scripture says, “Love is the greatest commandment.” (see Matthew 22:34-40, can I have someone to read it out?) And when there is Love... Mercy is present too; so be merciful to one another... as the Scripture says in Matthew 5:7, “Happy are those who are merciful to others; God will be merciful to them!” Reflect upon the beauty of God through this extraordinary heart: the sacred Heart of Jesus is the Heart of Love and Mercy – gentle and meek, and full of compassion.

AMEN!